

*Lake County Tribal Health Consortium
Gouk-Gumu Xolpelema
Tribal Home Visiting Program*



PARENT-CHILD ASSISTANCE PROGRAM INTERVENTION AT LAKE COUNTY TRIBAL HEALTH CONSORTIUM



*Daphne Colacion,
Tribal Home Visiting Program Coordinator
May 28, 2014*

Lake County Tribal Health

Lake County, CA



TRIBAL MIECHV

- 5 year Federal grant funded by the Affordable Care Act of 2010.
- Benchmark Areas: increased Infant & Maternal Health, increased School Readiness, reduction in Domestic Violence, reduction in Child Abuse and Neglect, increased self-sufficiency and increased community referrals.

NEEDS ASSESSMENT

“Alcohol and drug free pregnancies were the Lake County tribal community’s top priority.”

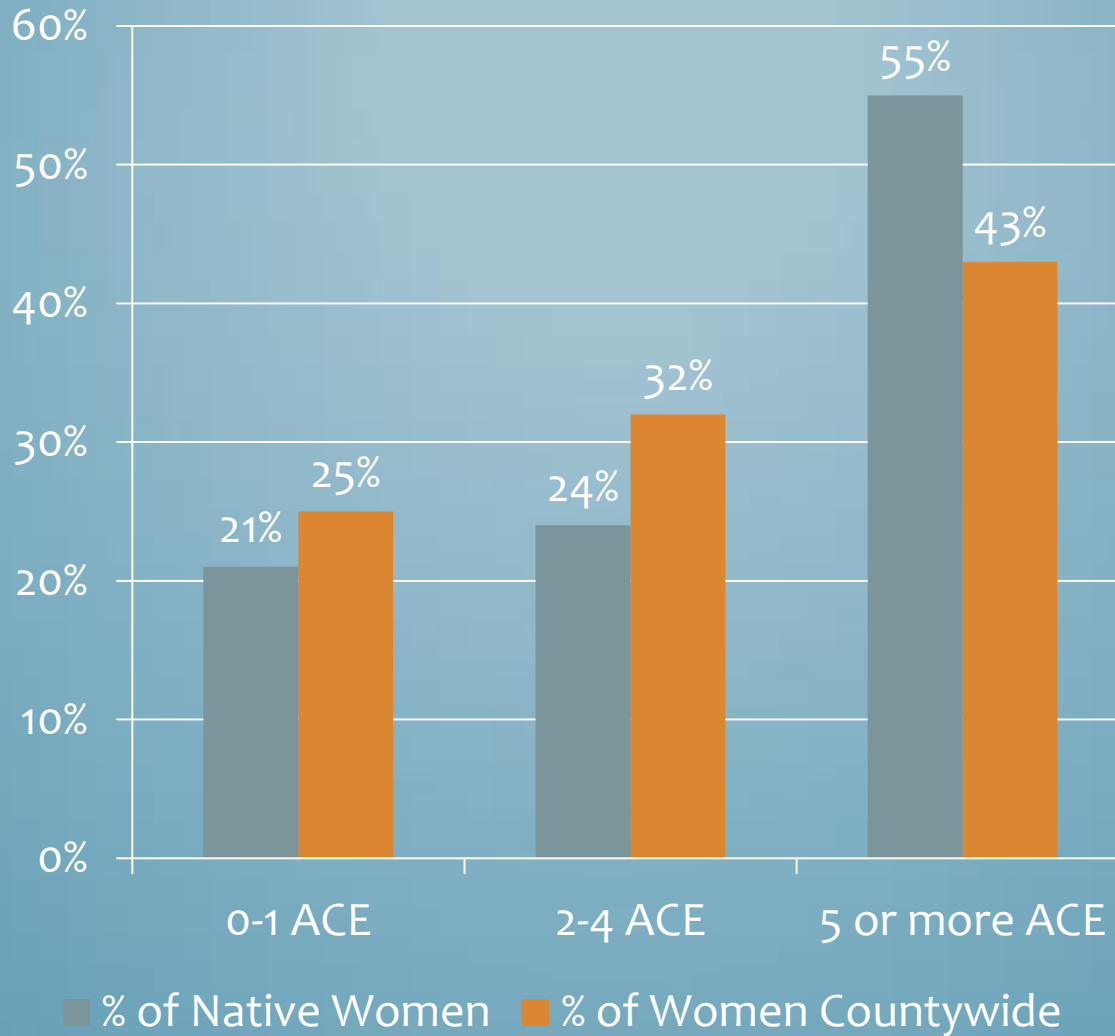
*~ Lake County Tribal Health Community Needs Assessment
2011*

OVERALL LAKE COUNTY ACE SCORES FOR WOMEN

ACE Category	Pregnant ANAI Women 2009-12	Women ACE Survey Respondents*
Emotional Abuse	57%	53%
Physical Abuse	53%	45%
Sexual Abuse	45%	44%
Lack of Affection	42%	46%
Neglect	42%	29%
Abandonment	67%	53%
Domestic Violence	51%	28%
Alcohol or Drugs in the home	78%	56%
Mental health issues	30%	41%
Imprisonment of family member	36%	19%

*Female respondents to 2009-2010 countywide ACE survey

Overall Lake County ACE Scores for Women



“Now the healing can begin, Oh.”

~Tribal Elder, Elem Indian Colony
during LCTHC's Public Forum on the 2011 Needs Assessment
July 18, 2011

EVIDENCED BASED HOME VISITING MODEL SELECTION SUMMER 2011

The Parent-Child Assistance Program



A Model of Effective Community
Intervention with High-Risk Families

Summer 2010
©University of Washington

Case
Management
FASD Prevention
Focus
**Adaptable &
Flexible to
Community
Based on
Relationship
between
Advocate & Client**

Nurturing Parenting



**County-wide
Parenting Curriculum**

GOUK-GUMU XOLPELEMA HOME VISITING PROGRAM SERVICES IMPLEMENTED JUNE 2012



- *RELATIONSHIP BASED*
- *GOALS FOCUSED*
- *Utilizing Motivational Interviewing (MI)*
- *Reflective Supervision*
- *Nurturing Parenting Enhancement*
 - *Serving Dads*



GOUK-GUMU XOLPELEMA HOME VISITING PROGRAM SERVICES

Intensive Case Management
Weekly Home Visits
Family Driven Goal Setting
Parenting Education in the Home
Weekly Parent-Child Activity Group
Transportation
Advocacy
Connecting to Community Resources & Services
Quarterly Newsletter
Family Dinners
Annual Community Picnic
Community FASD Education

How to Help...

A mother-to-be, remain drug and alcohol free

- Be a role model, as a member of the community don't drink alcohol or use drugs.
- Don't be afraid to start the conversation, share information or give advice.
- Participate in community wellness activities.
- Join one of the many groups at LCTHC.
- Offer encouragement and support to others when able.



For More Information about Healthy Family and Community resources, groups at LCTHC and other support contact the LCTHC Human Services Department at (707) 263-8382 ext. 137

Vision: Native families are empowered to strengthen their emotional, mental, physical, social and spiritual wellness and increase connections to their culture and community so that parents and children are safer, healthier and happier.



Above: Winner's of LCTHC's "Future without Drugs and Alcohol" art contest. (Left) James Ligon, Jr., (Right) Adella Malkay.

Stop by the Human Services Department to see their winning pictures.

Produced by LCTHC under support from the Affordable Care Act of 2010, by the Administration for Children and Families (ACF). This information does not necessarily represent the official position or policies of the ACF.



Lake County Tribal Health Consortium
Human Services Department
Gouk-Gumu Xolpelema Tribal Home Visiting Program
925 Beavers Ct.
Lakeport, CA 95451
(707) 263-8382 x 137



*“I’ve seen people engaging that I
have never seen engage before.”*

*~Merrill Featherstone, THV Clinical Director,
LCTHC Human Services Director for 21 years*

Program Demographics Since June 2012 to Present

- ❑ Serving 51 individuals: 38 Moms / 13 Dads, 92 children aged 0-5, representing 41 families
 - ❑ Median Age Women: 24 (Range 19-43)
 - ❑ Median Age Men: 30 (Range 20-60)
- ❑ 45% Enrolled Pregnant
- ❑ 34% First Time Moms (20-25 Age Range)
- ❑ Attrition rate of 21%

Program Demographics Cohort 1 June 2012-May 2013

- ☐ Total 35 participants: 27 Moms and 8 Dads

Program Demographics Cohort 2 June 2013-May 2014

- ☐ Total 16 participants: 11 Moms and 5 Dads

**“I feel like I did something, it maybe
small but I did something.”**

~ Client who signed up for an Intensive Outpatient TX program.

Measurements

Substance Use Female Client Data Cohort 1

Client Status	At Intake % of Female Clients Indicating YES	6 month to Present % of Female Clients Indicating YES
Alcohol Use?	25%	18%
Marijuana Use?	19%	11%
Drug Use?	14%	3%
Tobacco Use?	22%	11%
Prescription Drug Use?	14%	0%

Measurements

Substance Use Male Client Data Cohort 1

Client Status	At Intake % of Male Clients Indicating YES	6 Month to Present % of Male Clients Indicating YES
Alcohol Use?	25%	25%
Marijuana Use?	50%	50%
Drug Use?	25%	25%
Tobacco Use?	25%	13%
Prescription Drug Use?	None Reported	None Reported

Measurements

Family Planning Female Client Data Cohort 1

Client Status	At Intake % of Female Clients Indicating YES	Client Status	6 Month to Present % of Female Clients Indicating YES
Using a method of birth control:	16%	Using a method of birth control:	50%
<u>Not</u> Using a method, but would like information:	26%	Received Birth Control Information	26%
<u>Not</u> Using a method, refused information on birth control: *	58%	Received Birth Control Information	58%
Pregnant:	31%		
*45% of those refusing	birth control	information were	pregnant at intake.

Measurements

SUBSTANCE USE TX Client Data Cohort 1

Client Status	At Intake % of Female Clients Indicating YES	6 month to Present % of Female Clients Receiving Services for:
Residential Treatment	0%	3%
Outpatient Treatment	0%	16%
Client Status	At Intake % of Male Clients Indicating YES	6 month to Present % of Male Clients Receiving Services for:
Residential Treatment	0%	11%
Outpatient Treatment	0%	55%

*For more information on the Parent Child
Assistance Program (PCAP) visit:*

<http://depts.washington.edu/pcapuw/>



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